

Daily Maintenance of Q. C. M. Retainer



To keep your retainer as beautiful, clean, and inconspicuous we wish you would keep the following.

1. When removing the retainer out of your mouth, always push it down from the molar areas. Do not try to remove it from the plastic section or joint section.
2. Do not bend, pull or apply any force on the plastic section or joint section.
3. Wash every day in running water. Basically, cleaning with running water is enough for washing out stains, dust, etc.
4. Do not clean with hot water or concentrated alcohol, as it weakens the product.
5. Keep the retainer in its box.
6. Do not put it near high heat sources.